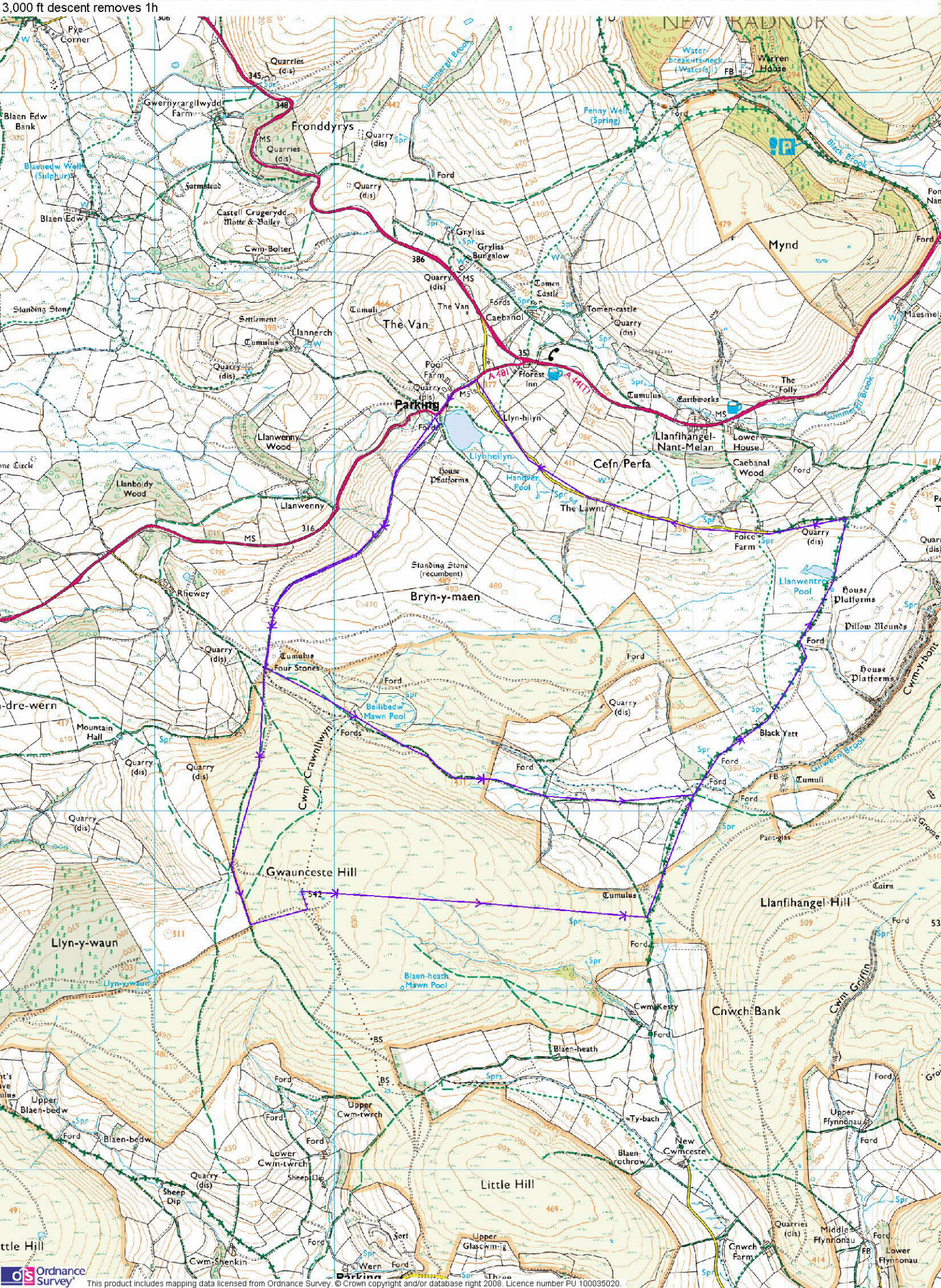
Anquet Maps 2008 www.Anquet.co.uk (Bottom Left - Top Right)-(SO 141 533-SO 193 607) Map printed at 1:25,000

Route: Walk 15 Four Stones & Llanwentre Pool, Start Point: SO 165 581, End Point: SO 180 560, Flat Length: 9.53 Miles, Hidden Length: 9.56 Miles, Max Height: 1,776.25 Feet, Min Height: 1,171.84 Feet, Height Ascended: 1,503.09 Feet, Estimated Time: 5 hrs, 14 mins, Est Time: 2.3 Mi/hr, 3,000 ft ascent adds 1hr, 3,000 ft descent removes 1h



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